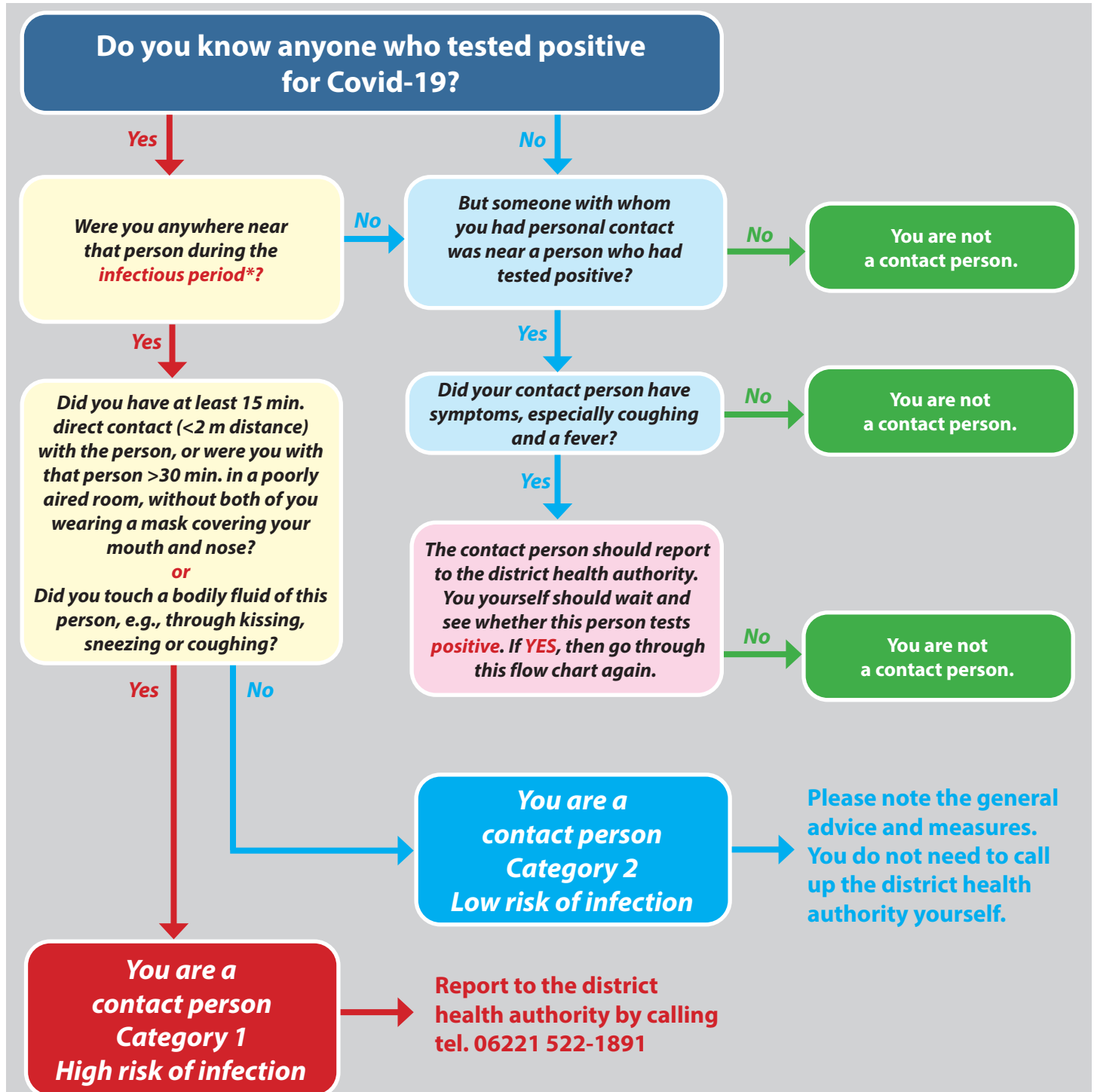


## Self-assessment of your risk of infection



*\* 2 days before the first symptom appears and until at least 10 days after symptoms began. For people with no symptoms: 2 days before the test until at least 10 days after the test.*

Federal Centre for Health Education (BZgA)  
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